

BUSINESS

MILTON "HEATH" GILBERT JR.

BAUCOM, CLAYTOR, BENTON, MORGAN & WOOD

Hometown: As the son of a United Methodist minister, I had no hometown. I went to high school in Louisburg in Franklin County.

Undergrad: UNC Charlotte

Law school: University of Akron School of Law, 1999

Practiced law: 23 years.

Family: Wife, Cherise, and children Melanie, Rachel and Andrew.

CAUTIOUS & OPTIMISTIC



FIRST JOB: I washed pots and pans every Saturday at Louisburg College cafeteria.

WORKING SMARTER: I have learned how to say "no" to work. I have set limits and learned that I simply cannot help everyone. Moreover, many great colleagues are more capable than me and might want the referral.

FAVORITE NORTH CAROLINA PLACE: Coming from eastern North Carolina, I visited Charlotte in 1988 and knew that it was where I wanted to live and have since 1989, except for three years of law school.

MISSION ACCOMPLISHED: Traveled to England and France in 2023.

STILL ON BUCKET LIST: Hawaii

STRESS RELIEVER: Watching a great comedic movie with my wife, kids and dogs in our theater room with a glass of wine or some other beverage of choice.

WHY I BECAME A LAWYER: My parents suggested this career to me in high school. I had the ability to write and also an innate ability to successfully advocate for things that one would not otherwise be compelled to do absent my advocacy. I figured that with those skills I could have a positive societal impact and also enjoy what I do.

YOUR EDGE: Discovering that I had ADHD in 2001. This helped me finally pass the bar, it shaped the way that I practice law and has kept me grounded.

ALTERNATIVE CAREER CHOICE: Film producer

2025 MILESTONES: I will be an empty-nester when my son graduates high school in May 2025.

FAVORITE PASSIONS: Neurodiversity awareness: I have told my story through articles and CLE about my challenges with ADHD and how I manage it with the specific intention of encouraging others similarly situated to find their path; (2) UNC Charlotte: I have two degrees from there, two children have graduated from there and a third is on the way. I support their athletic teams, and academic scholarships and would love to see them eventually add the third public law school in North Carolina.

LAW SCHOOL IN 2 OR 3 YEARS: The traditions and work of the three-year process make us better lawyers. Shorter does not always mean better.

*ABOUT BAUCOM, CLAYTOR, BENTON, MORGAN & WOOD
FOUNDED: 1957*

OFFICES: Charlotte and Matthews

MANAGING PARTNER: M. Heath Gilbert Jr.

HOW MANY ATTORNEYS, STAFF: Nine attorneys, 10 staff

KEY SPECIALTIES: Business/corporate, real estate, estate planning and administration, commercial and business litigation, domestic, construction law